



COYOTE KITCHEN WORKSHOPS

**SUMMER 2020
VIRTUAL
HOMESTEADING
APPRENTICESHIP**

**A SELF-DIRECTED EDUCATIONAL
SUMMER PROGRAM WITH 2 HOURS OF
FREE MENTORING EACH WEEK FROM
JULY 1 THROUGH AUGUST 28**

A PROGRAM FOR:

LATE HIGH-SCHOOL TO EARLY COLLEGE STUDENTS

WITH A PASSION FOR:

**GARDENING, COOKING, LEADERSHIP,
OR COMMUNITY BUILDING**

**APPLICATIONS DUE: JUNE 24,
ONE WEEK BEFORE THE START
OF THE PROGRAM ON JULY 1**

COYOTEKITCHENWORKSHOPS.COM

WHAT IS HOMESTEADING? WHAT SORT OF PROJECTS ARE WE TALKING ABOUT?

Homesteading is a lifestyle that strives for **self-sufficiency**, and uses tools like **thrift**, **reuse**, and **DIY** to save money and reduce waste. This might include: growing food for yourself and your family, preserving food, or making clothes, tools, or medicine. While the goal of farming is usually to '**grow lots of food and sell it to make money**,' the goal of homesteading is more often to '**grow a little food and eat it to save money**.'

Here's some example of projects: creating a small food garden in your families yard or on a porch; tending a plot at a community garden; making homemade soaps and selling them; cooking a weekly large meal for your family; foraging for wilds foods, and preserving them for the winter; making homemade pickles or salad dressings; creating photo or film content about these topics; create art that educates people; etc... The sky is the limit!

WHAT DOES THE PROGRAM LOOK LIKE?

- A free educational and hands-on, skills building opportunity.
- Apprentices will get at least 2 hours each week of private tutoring, coaching, or consulting throughout the program, as I help them with their project.
- Apprentices will not be required to work specific hours, or a specific amount of hours each week; they will be working on their own self-driven projects.
- The program will be 2 months, from the beginning of July to the end of August.

While I cannot directly offer high school or college credit for this program, I would be excited to work with a student's guidance counselor or advisor to help them receive credit for their project, and/or to write them a job reference or college reference.

WHO IS THIS PROGRAM FOR?

Late high school students or early college students should apply with a concept for a roughly 2 month long summer project that excites them. I will only be able to take on 2-4 summer apprentices, and I will work with each of them at least 2 hours a week to help them meet their goals and bring their project to life.

HOW DO WE MEET DURING COVID?

- We can meet in Kingston, Rosendale, or New Paltz - outside and socially distant.
- We can work together through Zoom or other similar programs.
- We can work together on the phone.
- Or, some mixture of the above.

WHY WOULD YOU WANT TO LEARN FROM ME?

I began farming and homesteading more than 10 years ago, and I have worked on a huge variety of projects over the years -- from growing food and selling it at markets; to creating and selling products like teas, soaps, and creams; to creating digital content and teaching workshops on cooking and fermenting. I have also been teaching college students and adults homesteading and fermentation skills for the last 10 years. I have taught locally to college clubs at Bard College and SUNY New Paltz; through the UCCC continuing education program; and through many local organizations. I have many skills that I am excited to share with young folks looking to learn more about:

- Farming, Gardening, Homesteading (or apartment-steading), or Permaculture
- Creating and Selling Food or Health Products: lip balm, pesto, soap, etc.
- Community Building, Community Organizing, Leadership Development
- Private Tutoring, Offering Workshops, Creating Digital Content

THE IDEAL APPLICANT IS:

- Passionate about a topic (or topics) that Coyote Kitchen Workshops teaches on.
- Has a strong vision for a project that they would like to create (or expand) this summer.
- Knows what they want to do, are excited to do it, and would benefit from having ongoing weekly support, guidance, skills training, and encouragement.

THE IDEAL PROJECT IS:

- Bold and creative, and helps to support our local community during these strange times
- Rooted in social justice and permaculture principles such as 'Fair Share,' 'Care for the Earth,' and 'Care for People'
- Builds and uses hands-on skills

To apply, please answer the following questions, and email to:
coyotekitchenworkshops@gmail.com

Please answer the following questions, and also include 1 Reference-- this can be a reference from a teacher, an employer, or a family member.

1: Who are you?

Share a little bit about yourself, your interests, and your experience.

2: What do you hope to get out of this summer apprenticeship program?

What are the specific skills you need to succeed with this project?

3: Describe the project or goal that you would like support with:

What is the goal of your project?

Do you plan to: Offer services? Create products? Grow produce? Create content?

4: What is it about this project or goal that feels important and meaningful to you?

